

Birthdays

Infant 2:

Jack 9/1
Abby 9/24

Toddlers:

Kingston 9/17
Gabrien 9/27

Threes:

Aidan 9/19

Pre-K:

Ashton 9/13
Blaine 9/21

Teachers:

Rachel (Inf. 2) 9/22
Elaine (Inf. 2) 9/28



**A Note From Your Site Director:
Teri Pieters**

August was a busy month with school starting and saying goodbye to all of our school age friends. We learned that the 2's, 3's and 4's have some great dance moves when they put on a dance demonstration for the other children to watch. Everyone had a wonderful time!

Just a reminder...the weather will be changing soon and we will see cooler days. Please make sure that you pack a coat for your child as we will still go outside to get some fresh air.

During the weeks of September 8th and 14th the classrooms will be focusing on the color Red and Cindy Circle! The children will learn songs, read books and work on different activities that involve the color Red and Cindy Circle! Take time to talk with your child(ren) at home about the color Red and the Circle shape!

The weeks of September 21st and 28th will be devoted to the color Yellow and Trixie Triangle. The children will learn new songs, read books and work on different activities that involve the color Yellow and Trixie Triangle.

We will be teaching the children the following color songs. Join in on the fun at home by singing them with your child(ren)!

RED

Tune: Are You Sleeping

R-e-d red
R-e-d red
I can spell red.
I can spell red.
Fire trucks are red!
Stop signs are red, too.
R-e-d
R-e-d

YELLOW

Tune: If you're Happy & You Know It

Y-e-l-l-o-w spells yellow.
Y-e-l-l-o-w spells yellow.
Like the early morning sun,
When the day has just begun,
Y-e-l-l-o-w spells yellow.
Daffodils and baby ducks are yellow.
Lemonade and scrambled eggs are yellow.
I like the smiley face that's yellow.
He is such a happy fellow.
Y-e-l-l-o-w spells yellow.

Employee of the Month: Carrie McKellar

Thank you to Carrie McKellar who is our Employee of the Month. Carrie does an amazing job of working with our infants and our parents!

News this month



INFANT 1 — Carrie

Wow! Summer has come and gone at such a fast pace. Watch the room as we transition to autumn. We will still be going for walks as long as the weather permits. We welcome Isabel, Brodie and Reece to our room, and a sad goodbye to Opland, Dominic and Daniel as they move on to Infant 2. Good luck and have fun!! Please remember to check your child's cubby at the end of the day. Thanks!!



INFANT 2 — Dawn

September already! Fall will be coming soon, so please remember to change out clothes in the cubby for the cooler weather. Also, please remember to complete daily sheets in the morning. It makes a big difference for our staff. New pictures are out, and old ones are in cubbies for you to take home. Welcome Opland, Daniel and Dominic—we're glad to have you with us. We say a sad goodbye to Maggie and Erskine who leave us for the Transition room in September. Good luck...we'll miss you! Have a happy and safe Labor Day.



TRANSITION — Samantha

This month we will be working on shapes. We give a great big welcome to Chyenne, Ben, Erskine, Maggie and Adelyn! We're excited to have you with us and hope you like your new room! We say a sad goodbye to JyNesha, Audrey and Xavier as they move on to the Todds. Good Luck!



TODDLERS — Cindy

Summer is winding down even though the temps remain summer-like. That's OK!! Chilly temps will come soon enough. Hopefully those of you who went back to school had a good start. We want to wish Stella and Alex good luck in the Two's and we welcome Dayton who is new to the Center, and JyNesha from the Transition room. Parents, please let us know if your child's schedule changes or will be absent from daycare. Thanks! Have a great beginning to fall!



TWOS — Lisa

We are excited for fall to arrive as we say good bye to summer. We have many great activities planned and we hope you enjoy them as much as the summer ones! We welcome Stella and Alex from Todd's and wish Stella, Topher and Joey good luck in the Three's! We will miss you. As a reminder, please remember to clean out papers everyday! Thanks.



THREES — Laura

Wow, I can't believe summer is over and all the older kids are back to school! We'd like to welcome Ashlee and Jessica as the new Assist. Teachers in our room. Ashlee works 8:00-5:00 and Jess works from 3:00 to 6:00. We'd also like to welcome Anika to our Center and Topher, Stella and Joey to our room. Aidan, Xander, Vaughn, Lataya, Jayci, Yusuf and Carson will be transitioning to the Fours. Good luck...we hope you like your new class. We will miss you! We will continue to work on recognizing our own names, colors and shapes this month.



FOURS — Jen

Wow, the time has flown by!! This month we will be talking about the start of fall, the changes and the fun outdoor activities it will bring. Please discuss with your child appropriate behavior in the classroom, such as manners. Also please remember an extra set of clothes just in case of an occurrence. Tennis shoes are always best for a child who is going outside. We welcome Faith to our Center and Aidan, Xander, Vaughn, Lataya, Jayci, Yusuf and Carson to our room, and say goodbye to Nick, Destiny, Hannah, Emma, Zak, Ashton and Amber. Good luck in your new adventure!



PRE-K — Amy

Welcome to Pre-K! Please let me know if you have any questions or concerns—we want to make your child's transition as smooth as possible. Our themes this month are "I Live in a Community" and "I'm Me, I'm Fantastic!" Please remember to check our events calendar in the hallway outside our door frequently; this will be a busy and exciting time for everyone! Welcome to Gavin, Luke, Zakary, Hannah, Emma, Amber, and Ashton! We are going to have a great year!

H1N1 Parent Info...It Can Happen to You!

Yes, it can happen to us!! The Centers for Disease Control and Prevention (CDC) offer the following preparedness advice for families as we approach the winter flu season:

- If your child has flu-like symptoms—fever of 100 degrees or more with a cough or sore throat—**keep him or her home for at least 24 hours after the child is free of fever without the use of fever-reducing medicine.** This recommendation from the CDC could change based on the severity of a potential flu wave.
- Look for opportunities to **get your child immunized** for H1N1 flu, in addition to seasonal flu. Our childcare centers will have more information for you on this subject as it becomes available to us.
- Help your child stay healthy by making sure he gets enough sleep, eats well and stays hydrated.
- Teach your child to **wash their hands often.** Washing with soap and warm water for at least 20 seconds is ideal (about as long as it takes to sing the "Happy Birthday" song twice).
- Teach your children the proper use of hand sanitizer. Gels, rubs and hand wipes all work well, as long as they contain at least 60 percent alcohol. Hand washing is preferable, but sanitizer will work in the absence of soap and water.
- Teach your children to keep their hands away from their face and avoid touching their mouth, nose or eyes.
- Teach your children to **cover coughs and sneezes with tissues** or by coughing into the inside of their elbow. Cough or sneeze into your sleeve-not your hands.
- **Have a backup plan for childcare** should your child contract H1N1. They must stay home from daycare.

To get updated information regarding the H1N1 flu, we recommend the following Web sites:

South Dakota Department of Health: www.doh.sd.gov/H1N1.aspx

The Centers for Disease Control and Prevention: www.cdc.gov/h1n1flu/

For more information, please refer to the orange colored Parent Guide on H1N1 distributed earlier. Extra copies are available at the front desk. Thank you for your cooperation in keeping our children and childcare centers healthy!

September

Lunch/PM Snack Menu

Meals are subject to change. An alternate snack is served when selected snack is inappropriate for children under age three. The YWCA Child Care Centers strive to be peanut free. Milk is served with lunch. 100% Fruit Juice and/or water is served with snacks.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Home-Made Meat Loaf Mashed Potatoes & Gravy Wheat Bread & Butter Pears Milk</p> <p>Cheddar Bits 100% Fruit Juice</p>	<p>2</p> <p>Chicken Strips Corn Applesauce Milk</p> <p>Oreo Bits 100% Fruit Juice</p>	<p>3</p> <p>Goulash Wheat Bread & Butter Peas Peaches Milk</p> <p>Graham Crackers 100% Fruit Juice</p>	<p>4</p> <p>Pizza Green Beans Pineapple Milk</p> <p>Animal Crackers 100% Fruit Juice</p>
<p>7</p> <p>CLOSED LABOR DAY HOLIDAY</p>	<p>8</p> <p>Spaghetti Bread Stick Mixed Vegetable Peaches Milk</p> <p>Nutrigrain Bar 100% Fruit Juice</p>	<p>9</p> <p>Hamburger on a Bun Baked Beans Pears Milk</p> <p>Dolphins 100% Fruit Juice</p>	<p>10</p> <p>Turkey & Cheese Sandwich on Wheat Lettuce Salad Mandarin Oranges Milk</p> <p>Chips Ahoy Bits 100% Fruit Juice</p>	<p>11</p> <p>Chicken Nuggets Peas Pineapple Milk</p> <p>Cheddar Bits 100% Fruit Juice</p>
<p>14</p> <p>Rib Patty on a Bun Tater Tots Pears Milk</p> <p>Oreo Bits 100% Fruit Juice</p>	<p>15</p> <p>Meat Balls Rice & Gravy Mixed Vegetable Pineapple Milk</p> <p>Graham Crackers 100% Fruit Juice</p>	<p>16</p> <p>BBQ Chicken Sandwich Corn Peaches Milk</p> <p>Animal Crackers 100% Fruit Juice</p>	<p>17</p> <p>Mac & Cheese Green Beans Mandarin Oranges Milk</p> <p>Nutrigrain Bar 100% Fruit Juice</p>	<p>18</p> <p>Chicken Noodle Casserole Wheat Bread & Butter Peas Applesauce Milk</p> <p>Dolphins 100% Fruit Juice</p>
<p>21</p> <p>Pancakes Sausage Fruit Mix Corn Milk</p> <p>Chips Ahoy Bites 100% Fruit Juice</p>	<p>22</p> <p>Chicken Patty Bun Corn Pears Milk</p> <p>Cheddar Bits 100% Fruit Juice</p>	<p>23</p> <p>Tater Tot Casserole Wheat Bread & Butter Peas Pineapple Milk</p> <p>Oreo Bits 100% Fruit Juice</p>	<p>24</p> <p>Grilled Cheese Sandwich Baked Beans Peaches Milk</p> <p>Graham Crackers 100% Fruit Juice</p>	<p>25</p> <p>Sloppy Joes on a Bun Green Beans Mandarin Oranges Milk</p> <p>Animal Crackers 100% Fruit Juice</p>
<p>28</p> <p>Hamburger on a Bun Lettuce Salad Pears Milk</p> <p>Nutrigrain Bar 100% Fruit Juice</p>	<p>29</p> <p>Tuna & Noodles Wheat Bread & Butter Corn Mandarin Oranges Milk</p> <p>Dolphins 100% Fruit Juice</p>	<p>30</p> <p>Dino Nuggets Peas Pineapple Milk</p> <p>Chips Ahoy Bits 100% Fruit Juice</p>		