



## **Exercise Specialist/Personal Trainer**

The YWCA Avera is seeking a part-time trainer/exercise specialist. This position will assist members with the creation of exercise programs and provide instruction on the proper use of exercise equipment. The exercise specialist will instruct cardio classes with the opportunity to teach land classes such as high/low impact, Step, Zumba, Pilates, and more. The opportunity to teach water aerobics class is also available.

Preferred requirements include a degree in exercise science or related field or equivalent experience or certifications.

If you have experience and a passion for fitness please call Barb at 336-3662 ext 205.

To apply go to: [www.ywca-sf.org](http://www.ywca-sf.org) or contact:

YWCA Avera Downtown  
300 W. 11th Street  
Sioux Falls SD 57104-6306  
Barb Young  
Phone: 605-336-3662, ext 205